

Welcome to the East Coast Greenway!

The East Coast Greenway (ECG) is an urban trail system linking together scores of local, firm-surface trails into a unified 2900-mile continuous route. It spans 15 states and links 25 major cities between Maine and Florida. The ECG aims to accommodate walkers, bicyclists, skaters, skiers, wheelchair users, and equestrians. This urban version of the legendary Appalachian Trail will provide safe, non-motorized transportation, travel, recreation, exercise, and tourism opportunities to 45 million Americans who live near it and millions of visitors to the region. Nationally, over a quarter of the route is complete as off-road trail, in scores of individual local segments. The balance of the route is currently on carefully selected roadways until new trail is built, onto which we will then re-route the Greenway. Maps and cue sheets are available at greenway.org. These tools enable experienced bicyclists to travel the entire route. We recommend that less-experienced bicyclists and families with small children use only the completed trail sections of the route. Our ultimate goal is for the ECG to be completely off-road and safe for people of all ages and abilities to use.

The East Coast Greenway Alliance (ECGA), based in Durham, North Carolina, spearheads the project, working through state committees and with a host of partners at the local, state, and national levels. Together, we are creating an American legacy!

Dennis Markatos Executive Director David Read Chairman, Board of Trustees



The East Coast Greenway in Virginia

The East Coast Greenway is routed on 400 miles of Virginia trails and roads—over 270 miles of spine routing plus about 130 miles of alternate routing. The routes connect urban, suburban, and rural areas from Arlington through Fredericksburg, Richmond, Petersburg, South Hill, and Clarksville, and (via the alternate Historic Coastal Route) Richmond to Jamestown to Chesapeake.

While about 14% of the spine route is on completed multi-use trail, an additional 20% of the route is in development and headed toward becoming firm-surface, multi-use trail. Our Virginia committee, organized by the Virginia Bicycling Federation, is working to complete the vision of an entirely off-road East Coast Greenway. With all of the current opportunities before us, it won't be long before Virginia is on the leading edge of East Coast Greenway states in terms of percentage complete.

Currently open trails include the Mount Vernon Trail, Virginia Capital Trail, Tobacco Heritage Trail, and Dismal Swamp Canal Trail. Thanks to the strong work of advocacy groups and government agencies, the coming years should see quite a bit more trail built in Southside, Greater Richmond, and elsewhere.

This guide allows users to easily follow the current ECG travel route through Virginia. Along with the maps are turn-by-turn directions for both northbound and southbound travel. The maps show current as well as future alignments.

Guide users will note that the ECG is co-located with U.S. Bike Route 1 for much of the distance between Washington, D.C. and Richmond. Learn more about the U.S. Bicycle Route System at adventurecycling.org.

If you want to support efforts to complete the ECG in Virginia, contact these advocacy groups which are tackling individual projects, or projects in regions of the state:

Tidewater Ricycle Association

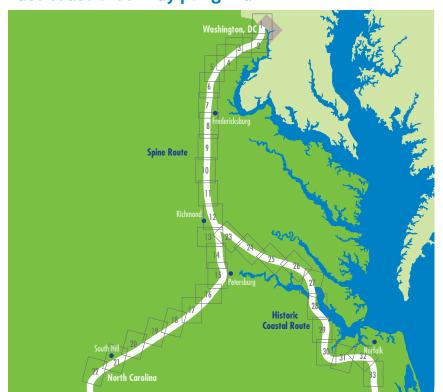
Potomac Pedalers

Virginia Ricycling Fodoration

Adventure Cycling Association

Virginia Dicycling reactation	ridewater bicycle Association
Tobacco Heritage Trail	Fredericksburg Cyclists Club
Virginia Capital Trail Foundation	Williamsburg Area Cyclists
Richmond Area Bicycling Association	Friends of the Lower Appomattox River
Bike Virginia	Washington Area Bicyclist Association

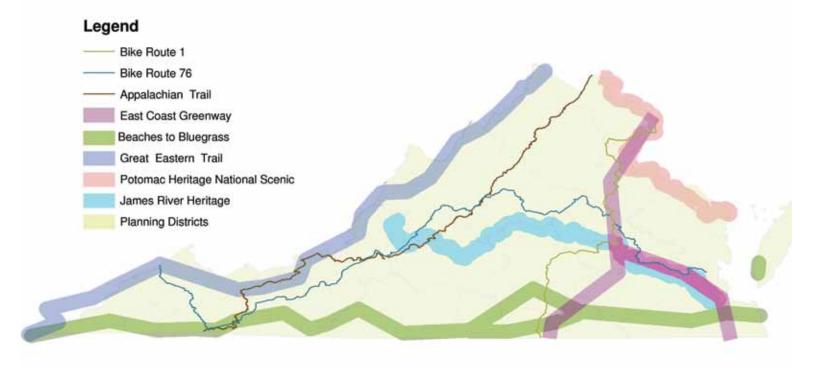
East Coast Greenway | Virginia



National Route



Virginia's Statewide Trail System



About This Guide

The East Coast Greenway Alliance (ECGA) has published this guide with financial and technical support from the Virginia Department of Conservation and Recreation (VADCR) and the Virginia Department of Transportation (VDOT), and with invaluable help from the Virginia Bicycling Federation, City of Richmond, volunteers, and each of the planning districts through which the ECG is routed.

Route Conditions

Although every attempt has been made to select paths and roadway segments that can provide quality walking and bicycling experiences, some route segments may have adverse conditions. Examples of adverse conditions include: deteriorating pavement, narrow shoulders, and high-speed traffic. Newly-resurfaced roadways and new developments often lead to increased motor vehicle traffic. The route conditions listed were effective July 2012.

The goal of the East Coast Greenway is to be entirely off-road and open to all non-motorized users, but much of the route is still on road and conditions are not appropriate for all users. **Some on-road portions are suitable only for experienced bicyclists**, and some off-road segments are unpayed and **less comfortable for those using road bikes**.

Route Navigation

The East Coast Greenway Alliance is placing wayfinding signage along the route to help travelers. Look for the green and blue ECG signs. At this printing, we are early in the process of having signs installed. Much of the route, as noted on the maps, is co-located with US Bike Route 1, so for those sections, US Bike Route 1 signs may be used to aid navigation.

Over time, ECG routing will change as more off-road trails are built. Check the maps and cue sheets on greenway.org for updates.

Contact Us

Your comments will be useful in updating or revising the ECG and future editions of this guide.

E-mail: info@greenway.org





Safety Tips

Be aware of traffic patterns

Plan trips to avoid peak traffic hours.

Obey the rules of the road

Bicyclists have the same rights and responsibilities as motor vehicle drivers. (virginiadot.org/programs/bk-laws.asp)

Bicyclists must: Keep right

Ride with traffic, not against it
Obey all traffic signs and signals

Pedestrians must:

Walk on the left side of the road when there are no sidewalks present.

Use signals

Show your intention clearly before turning and changing lanes.

Bicyclists: always wear your helmet

In Virginia, several jurisdictions require that persons fourteen years of age and under shall wear an approved helmet whenever riding or being carried on a bicycle. Details can be found on the Virginia Department of Transportation website.

Share the road/trail

Be aware of and respect the rights and safety of other road and trail users. Bicyclists yield to walkers and horses; walkers yield to horses.

Don't travel alone

To maximize safety, travel in groups whenever possible and be aware of your surroundings. Keep your cell phone charged, and call 911 in event of an emergency.

Public Transportation

Using buses or trains to access the Greenway can simplify your trip by eliminating the need to double back to your starting point. Public transportation may also be desirable during bad weather or other difficult situations. It also allows you to reduce your carbon footprint by leaving your car at home.

Many locations along the ECG in Virginia are accessible by transit. There are numerous Amtrak and Virginia Railway Express (VRE) stations along the route (noted on the maps), and numerous bus routes that intersect the Greenway. For public transit schedules, and to learn more about bringing a bike on a train or a bus, visit:

amtrak.com (Amtrak), or call 1-800-USA-RAIL

vre.org (VRE), or call 1-800-RIDE-VRE (automated) or 703-684-1001 (staffed)

wmata.com (Metro), or call 1-202-637-7000

ridefred.com (Fredericksburg area)

rideGRTC.com (Greater Richmond area)

petersburg-va.org/transit (Petersburg Area Transit)

goHRT.com (Hampton Road Transit)

williamsburgtransport.com (Williamsburg Area Transport)

Navigating the road

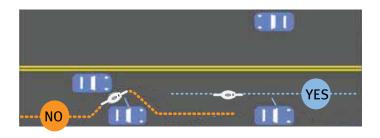
Use hand signals in advance of your turn.

Be predictable. Let drivers know your intentions.



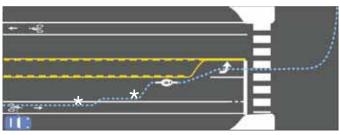
Ride in a straight line

Avoid weaving in between lanes. Drivers cannot position themselves to pass if they cannot predict your behavior.



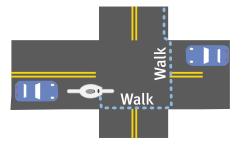
Make a left turn: Two ways

• While riding, turn left from the far left lane.



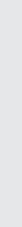
*Scan for traffic

• Walk or ride the bike across the intersection.



Map Legend and Cue Sheet Directions









♥ VRE/Amtrak

Metro (DC-area subway)

Hazard Note

Parks & Cultural

P Parking

Cultural Site

Services

Lodging

Bicycle Shop

Campground
Restrooms

A Picnic

Library

Map Areas



Universities/ Institutions



Rivers/Lakes

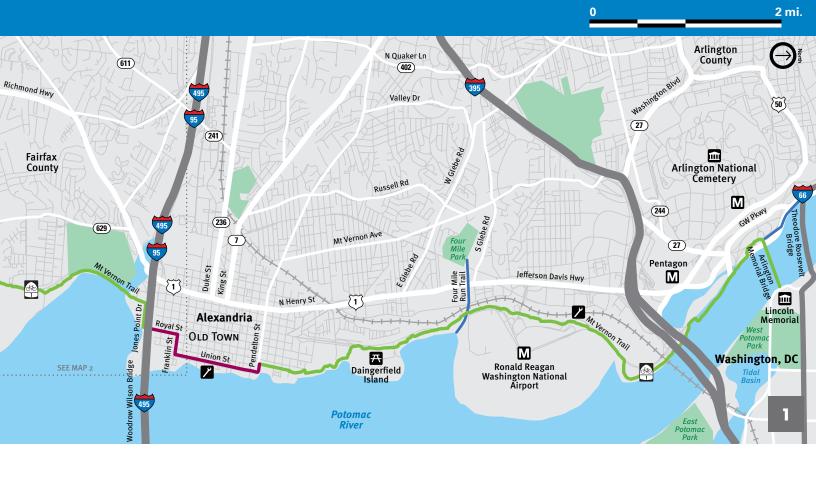
Cue Sheet Directions

Bear Right

R Turn Right BL Bear Left S Straight X Cross L Turn Left QR Quick Right WR Wide Right TSO To Stay On

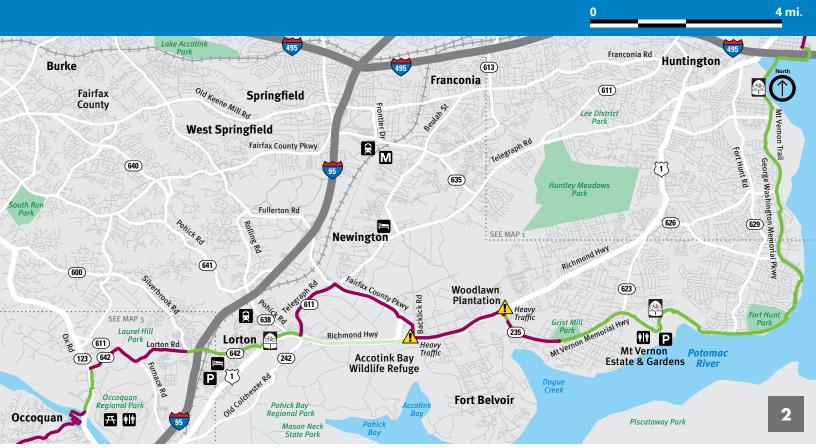
WL Wide Left

Quick Left



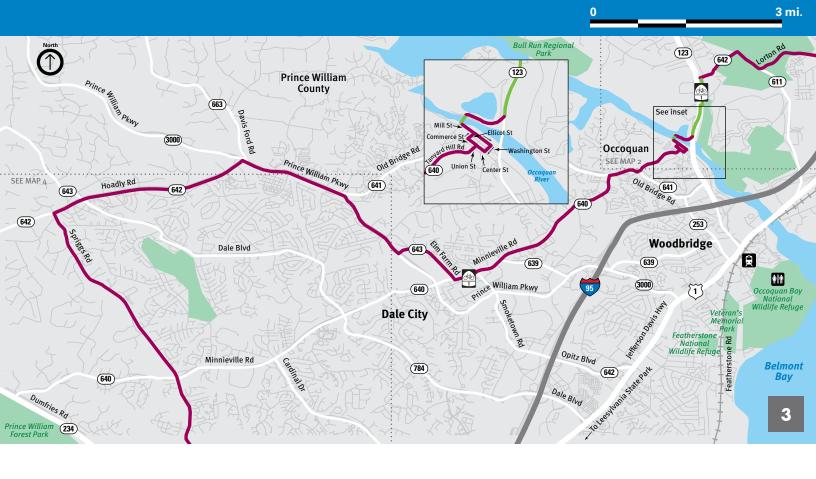
At	Go	Onto	For	Notes
0.0	START	Henry Bacon Dr NW & Lincoln Memorial Circle (facing Memorial)	0.3	Take path to the left to go around Lincoln Memorial, keeping Memorial on your right
0.3	L	To cross Arlington Memorial Bridge	0.5	Use path on left side of bridge
8.0	S	Cross Washington Blvd keeping river on your left or in front of you	0.1	
1.0	R	To join Mt Vernon Trail (river is on your left)	2.3	Proceed under I-395 and US-1
3.2	S	Keep right at the fork, keeping GW Memorial Pkwy on your right	0.3	
3.5	BL	To stay on Mt Vernon Trail	0.1	
3.6	S	To remain on Mt Vernon Trail — keep GW Memorial Pkwy on your right	1.0	
4.6	R	To stay on Mt Vernon Trail — keep GW Memorial Pkwy on your right	1.3	
5.9	L	To stay on Mt Vernon Trail	0.6	
6.5	L	Just before the RR tracks to stay on Mt Vernon Trail	0.2	Keep river on your left
6.7	R/L	Canal Center Plaza	0.3	Cross RR tracks, quick L onto trail
7.0	L	Pendleton St	0.0	
7.0	R	Union St	0.9	
7.9	R	Franklin St	0.2	
8.1	L	Royal St	0.3	
8.4	S/R	Path under hwy then R on trail	0.2	

At	Go	Onto	For	Notes
282.3	R	To stay on Mt Vernon Trail just before 1-495	0.2	
282.5	L	On path under I-495 then continue S onto Royal St	0.4	
282.8	R	Franklin St	0.2	
283.0	L	Union St	0.9	
283.9	L/R	L onto Pendleton St and quick R onto Mt. Vernon Trail	0.4	
284.3	R/L	R on Canal Center Plaza/1st St then quick L onto Mt. Vernon Trail	4.6	Whenever trail forks, just keep the river to your R and the Pkwy to your L
288.9	S	On Mt. Vernon Trail, under US-1 and I-395	1.2	
290.0	L	Side-trail off of Mt Vernon Trail to access Arlington Memorial Bridge	0.7	Two road crossings before getting onto Memorial Bridge pathway
290.7	BL	Stay on paths, keeping Lincoln Memorial on your left	0.2	
291.0	END	Stop — Lincoln Memorial Dr and Henry Bacon Dr N	W	



		III		
At	Go	Onto	For	Notes
8.6	L	To stay on Mt Vernon Trail (do not cross Wash. St)	3.3	
11.9	S	Northdown Rd	0.2	
12.0	R	Alexandria Ave	0.0	
12.1	L	Rejoin Mt Vernon Trail	2.4	Immediately after crossing GW Mem Pkwy
14.4	X	George Washington Pkwy TRO trail	2.9	Rejoin trail on L side of pkwy
17.3	R	Path around Mt. Vernon Circle	0.2	Mount Vernon
17.5	L	Mt. Vernon Memorial Hwy	3.0	There is sidepath for about half this leg, alternating sides of the road
20.5	L	Richmond Hwy/US-1	1.6	DANGER heavy traffic
22.1	R	Backlick Rd	0.6	
22.7	R	Onto sidepath, just before Fairfax Co Pkwy/ Rt 7100	1.3	Keep Fairfax County Pkwy on your left
23.9	L	Telegraph Rd/Rt 611	1.4	Sidepath to R of road
25.3	R	To take path just before US-1	8.0	Keep Richmond Hwy/US-1 on your left
26.1	R	Sidepath along Lorton Rd/Rt 642	1.3	After 0.3 mi the path switches to the L side of the road
27.4	S	Lorton Rd when sidepath ends (at Sanger St/ Silverbrook St)	1.9	
29.3	L	Path just before Ox Rd/Rt 123 (keep Ox Rd on your right)	0.4	Note: this turn is past a smaller Ox Rd, look for VA-123 sign.
29.7	X/L	Cross Ox Rd, sidepath continues on R side of road	0.5	Ü

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	At Go	Onto	For	Notes
	261.0 X/L	Cross Ox Rd to rejoin path now on right side of road	0.4	Keep Ox Rd on your left
	261.5 R	Lorton Rd/Rt 642	1.9	
	263.4 R/L	At Sanger St, access path on right side of Lorton Rd/Rt 600	1.3	Keep hwy to your left; after 1 mi, path switches to other side of Lorton Rd
	264.6 L	Onto path just before Richmond Hwy/US-1	0.8	Keep US-1 on your right
	265.4 L	Telegraph Rd	1.4	Path is on left side of road
5	266.8 R	Onto sidepath to left of Fairfax County Pkwy/ Rt 7100	1.3	Keep road on your right
	268.1 L	Path joins Backlick Rd	0.6	
	268.6 L	Richmond Hwy/US-1	1.6	CAUTION
	270.2 R	Mt Vernon Memorial Hwy/Rt 235	3.0	There is sidepath for about half the distance on this road alternating sides of the road
	273.2 R	Go around circle, then through park parking lots	0.3	Mount Vernon; keep roadway on your left
S	273.5 S	Onto Mt Vernon Trail	2.9	Trail starts at far end of parking lot
	276.4 X/R	Cross GW Memorial Pkwy to rejoin trail on left side of road	2.4	
	278.8 R	Alexandria Ave	0.0	
	278.9 L	Northdown Rd	0.2	
	279.0 S	At end of Northdown Rd to rejoin Mt Vernon Trail	3.3	_



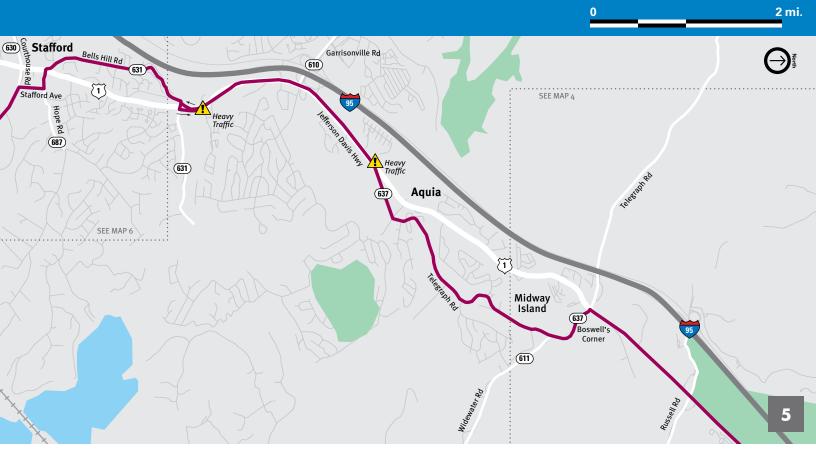
At	Go	Onto	For	Notes
30.2	R	Unnamed Road (before river)	0.2	
30.4	L	Bike/ped bridge	0.1	To cross Occoquan River
30.5	L	To join Mill St	0.1	
30.6	R	Ellicott St	0.1	
30.7	L	Commerce St	0.1	
30.7	R	Union St	0.3	
31.0	S	Continue onto Tanyard Hill Rd	0.4	
31.4	R	Old Bridge Rd	0.4	
31.8	L	Minnieville Rd	2.7	
34.4	R	Elm Farm Rd	0.9	
35.3	R	Prince William Pkwy	1.1	
36.5	L	On path right after Prince William Pkwy/ Old Bridge Rd	1.4	Keep Prince William Pkwy on your left
37.9	L	Davis Ford Rd/Hoadly Rd/Rt 642/Rt 663	2.5	
40.4	L	Path next to Spriggs Rd (keep Spriggs Rd on your right)	4.5	

At	Go	Onto	For	Notes
250.2	R	Hoadly Rd/Rt 642	2.5	
252.7	R	Onto path immediately after Prince William Pkwy/Rt 663	1.4	Keep hwy to your right
254.1	R	Prince William Pkwy/Touchstone Cir to remain on Prince William Pkwy (path ends)	1.1	
255.2	L	Elm Farm Rd	0.9	
256.2	L	Minnieville Rd	2.7	
258.8	R	Old Bridge Rd	0.4	
259.2	L	Tanyard Hill Rd	0.4	
259.5	S	Onto Union St	0.2	
259.7	S	To stay on Union St	0.1	
259.9	R	Commerce St	0.1	
259.9	L	Washington St	0.1	
260.0	L	Mill St	0.2	
260.2	S	Take path at end of Mill St and cross water on bike/ped bridge	0.1	Over Occoquan River
260.3	R	After crossing water continue on unnamed street	0.2	
260.5	L	Onto path just before Ox Rd/Rt 123	0.5	Keep Ox Rd on your right



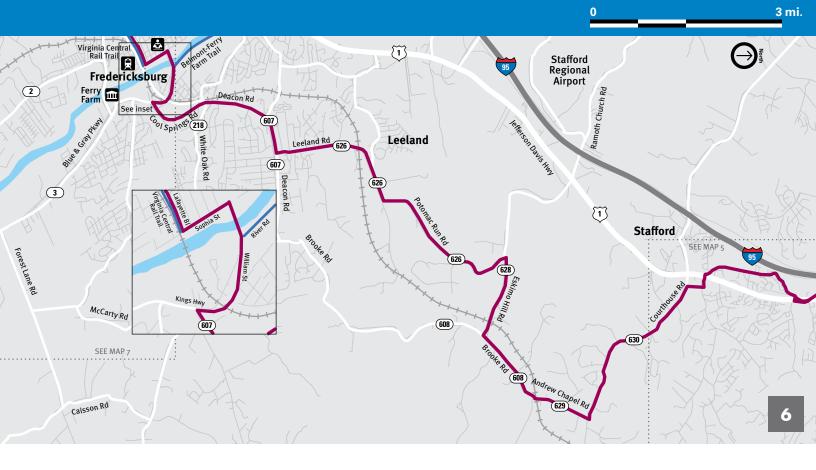
At	Go	Onto	For	Notes
45.0	L	Onto path on other side of Dumfries Rd/ Rt 234	0.5	
45.4	R	(Restricted-use road)	1.1	Dirt roads for 9 mi. See map for alternate routing
46.5	R	Scenic Dr (restricted-use road)	2.6	
49.1	BL	To remain on Scenic Dr (restricted-use road)	2.5	
51.6	BR	Onto Turkey Run Rd (restricted-use road)	0.3	
51.9	R	Scenic Dr/Liming Ln (restricted-use road)	2.0	
53.9	R	Park Entrance Rd (restricted use-road)	0.5	
54.4	L	Joplin Rd/Rt 619	0.8	
55.2	R	Jefferson Davis Hwy/US-1	3.3	

At	Go	Onto	For	Notes
234.3	BR	US-1/Jefferson Davis Hwy	3.3	
237.6	L	Rt 619/Joplin Rd/Fuller Rd	8.0	
238.4	R	Park Entrance Rd (restricted-use road)	0.5	Dirt roads next 6 mi. See map for paved alternative
238.9	L	Take the 1st left onto Liming Ln/Scenic Dr (restricted-use road)	2.0	
240.9	BR	To follow Scenic Dr (restricted-use road)	1.8	
242.7	R	Take the 1st right to stay on Scenic Dr (restricted-use road)	0.7	
243.4	R	To follow Scenic Dr (restricted-use road)	8.0	
244.2	L	Pleasant Rd (restricted-use road)	0.4	
244.6	L	After crossing to other side of Rt 234/ Dumfries Rd	1.1	Keep VA-234/Dumfries Rd on your right)
245.7	R	Take path on right side of Spriggs Rd/ Rt 643	4.5	



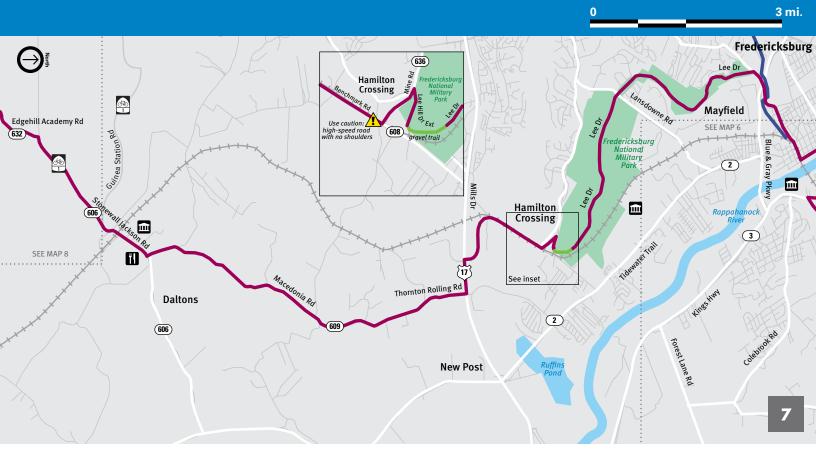
At	Go	Onto	For	Notes
58.5	L	Telegraph Rd/Rt 637	3.2	
61.7	BL	Jefferson Davis Hwy/US-1	2.3	
64.0	R	Bells Hill Rd/Rt 631	1.6	

At	Go	Onto	For	Notes
227.0	L	Rt 687/Hope Rd	0.2	
227.2	S	Continue onto Bells Hill Rd/Rt 631	1.7	
228.8	L	Cross median to Jefferson Davis Hwy/US-1	2.3	
231.2	R	Rt 637/Telegraph Rd	0.5	
231 6	1	Rt 639/Woodstock Ln	26	



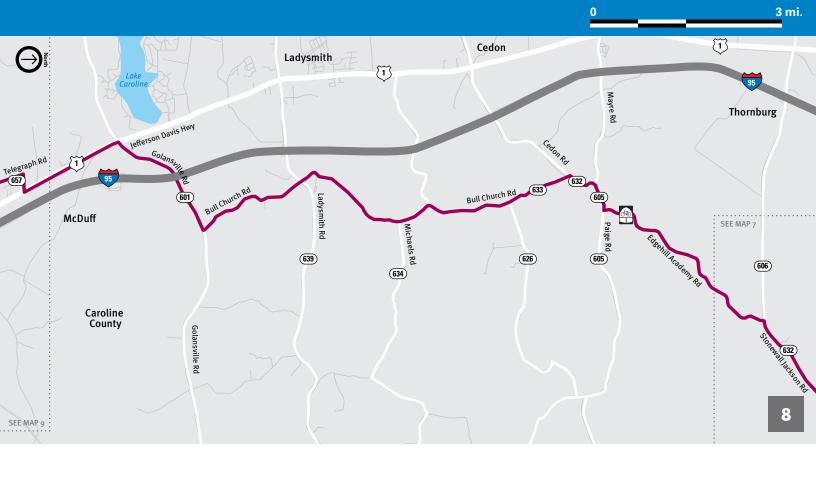
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At	Go	Onto	For	Notes
65.6	S	Cross Jefferson Davis Hwy/US-1 and continue onto Rt 687/Hope Rd	0.2	
65.7	R	Stafford Ave	0.3	
66.0	L	Rt 630/Courthouse Rd	2.4	
68.4	R	Andrew Chapel Rd/Rt 629	0.9	
69.3	R	Brooke Rd/Rt 608	1.2	
70.5	R	Rt 628/Eskimo Hill Rd	1.1	
71.5	L	Rt 626/Potomac Run Rd	2.3	
73.8	R	Rt 626/Leeland Rd	2.1	
75.9	R	Rt 607/Deacon Rd	1.3	
77.2	S	Cross White Oak Rd/Rt 218 and continue on Cool Springs Rd/Rt 607	1.1	
78.3	R	Kings Hwy	0.9	
79.2	S	Continue onto William St	0.0	
79.2	L	Sophia St	0.4	
79.6	R	Lafayette Blvd	1.1	

At	Go	Onto	For	Notes
212.4	L	Sophia St	0.4	
212.8	R	William St	0.1	
212.9	S	Onto Kings Hwy	0.1	
213.0	R	To stay on Kings Hwy	0.7	
213.7	L	Cool Springs Rd/Rt 607	1.3	
215.0	S	Cross White Oak Rd/Rt 664 and continue on Deacon Rd/Rt 607	1.3	
216.3	L	Leeland Rd/Rt 626	2.1	
218.4	L	Potomac Run Rd/Rt 626	2.3	
220.7	R	Rt 628/Eskimo Hill Rd	1.6	
222.3	L	Brooke Rd/Rt 608	1.2	
223.4	L	Andrew Chapel Rd/Rt 629	0.9	
224.3	L	Rt 630/Courthouse Rd	2.4	
226.8	R	Stafford Ave	0.3	



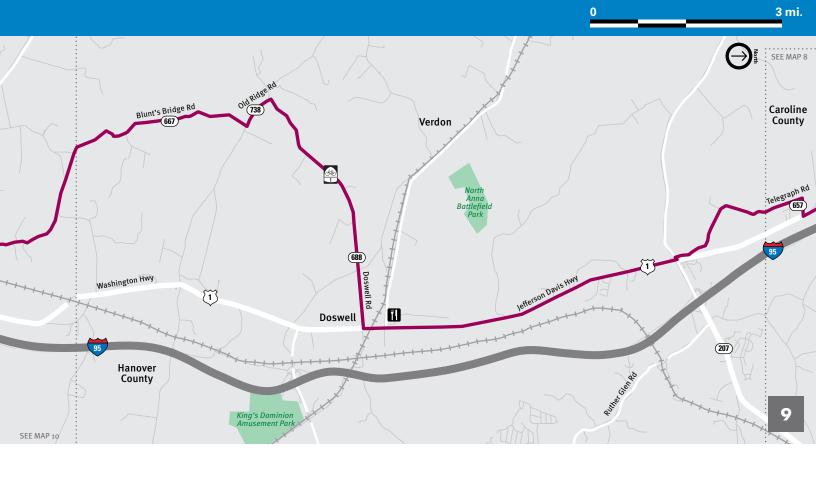
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	At	Go	Onto	For	Notes			
	80.7	S	Cross under Blue & Gray Pkwy/VA-3 and continue on Lafayette Blvd	0.3				
	81.0	L	Lee Dr	5.1	Becomes unpaved path near end			
	86.0	R	Lee Hill Extended	0.2				
	86.2	L	Rt 636/Mine Rd	0.3				
	86.6	R	Benchmark Rd/Rt 608	1.7				
	88.3	L	US-17B/Mills Dr	0.4				
	88.7	R	Rt 609/Thornton Rolling Rd	1.6				
	90.2	S	Continue onto Macedonia Rd/Rt 609	3.8				
	94.1	R	Rt 606/Stonewall Jackson Rd	2.3				
	96.4	L	Edgehill Academy Rd/Rt 632	3.1				

At	Go	Onto	For	Notes
195.	6 R	Rt 606/Stonewall Jackson Rd	2.3	
197.	9 L	Macedonia Rd/Rt 609	3.8	
201.	8 S	Onto Rt 609/Thornton Rolling Rd	1.6	
203.	3 L	US-17B/Mills Dr	0.4	
203.	8 R	Crossroads Pkwy	0.7	
204.	5 S	Onto Benchmark Rd/Rt 608	1.0	
205.	4 L	Rt 636/Mine Rd	0.3	
205.	7 R	Lee Hill Extended	0.2	
206.	0 L	Lee Hill Extended turns left and becomes Lee Dr (restricted-use road)	5.1	Starts as unpaved trail, then turns into park road
211.	0 R	Lafayette Blvd	1.4	isino para roda



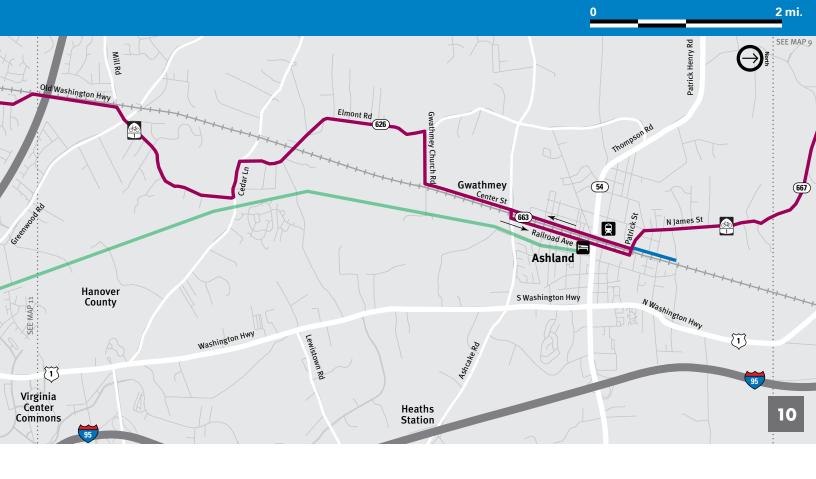
At	Go	Onto	For	Notes
99.5	R	Paige Rd/Rt 605/Rt 632	0.3	
99.9	BL	Cedon Rd/Rt 632	0.1	
99.9	BL	To stay on Cedon Rd/Rt 632	0.4	
100.3	BL	Onto Bull Church Rd/Rt 633	6.3	
106.7	R	Rt 601/Golansville Rd	0.8	
107.5	S	Continue over I-95	1.0	
108.5	L	US-1/Jefferson Davis Hwy	1.6	
110.1	R	Rt 657/Telegraph Rd	0.2	

At	Go	Onto	For	Notes
181.7	R	Rt 657/Telegraph Rd	0.2	
181.9	L	US-1/Jefferson Davis Hwy	1.6	
183.5	R	Golansville Rd/Rt 601/Cedar Fork Rd	1.0	
184.5	S	Continue over I-95	0.8	
185.3	L	Bull Church Rd/Rt 633	6.3	
191.7	BR	Onto Cedon Rd/Rt 632	0.5	
192.1	BR	Paige Rd/Rt 605	0.3	
192.5	L	Edgehill Academy Rd/Rt 632	3.1	



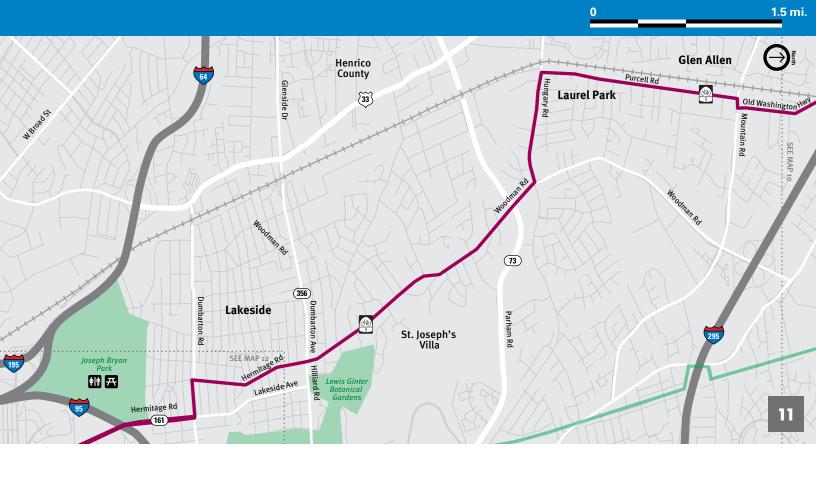
At	Go	Onto	For	Notes
110.3	L	To stay on Rt 657/Telegraph Rd	2.4	
112.7	L	Rt 658/Jericho Rd	0.0	
112.7	R	US-1/Jefferson Davis Hwy	5.0	
117.7	R	Doswell Rd/Rt 688	3.4	
121.1	L	Rt 738/Old Ridge Rd	0.5	
121.7	R	Blunts Bridge Rd/Rt 667	2.8	
124.5	L	To stay on Blunts Bridge Rd/Rt 667	1.9	

At	Go	Onto	For	Notes
165.6	S	Onto Blunts Bridge Rd/Rt 667	1.9	
167.5	R	To stay on Blunts Bridge Rd/Rt 667	2.8	
170.4	L	Rt 738/Old Ridge Rd	0.5	
170.9	R	Doswell Rd/Rt 688	3.4	
174.3	L	US-1/Washington Hwy	2.0	
176.3	S	Continue on US-1/Jefferson Davis Hwy	3.0	
179.3	L	Rt 658/Jericho Rd	0.0	
179 4	R	Rt 657/Telegraph Rd	24	



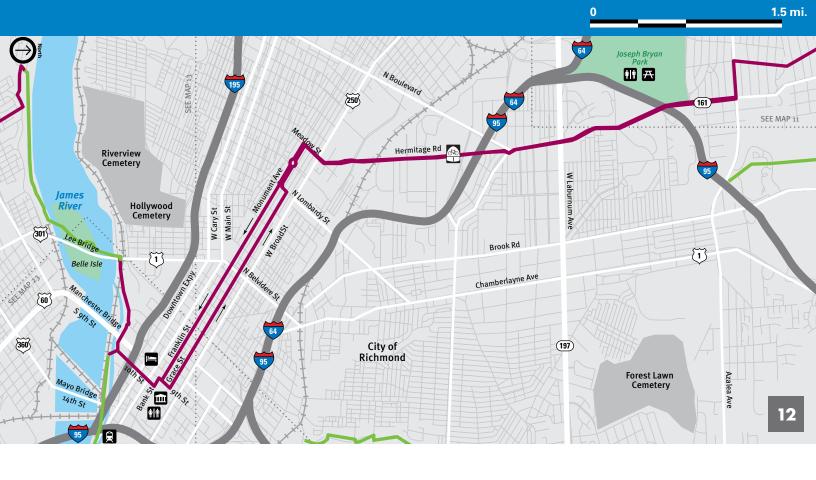
At	Go	Onto	For Notes
126.4	S	Continue onto N James St	0.9
127.2	L	W Patrick St	0.2
127.5	R	N Center St/Railroad Ave	2.1 RR tracks on left
129.7	R	Gwathmey Church Rd/Rt 663	0.5
130.1	L	Elmont Rd/Rt 626	2.1
132.2	L	Rt 623/Cedar Ln	0.3
132.5	R	Rt 626/Old Washington Hwy	2.3
134.8	S	Continue under I-295	0.8

At	Go	Onto	For	Notes
157.1	S	Continue under I-295	2.3	
159.4	L	Rt 623/Cedar Ln	0.3	
159.7	R	Elmont Rd/Rt 626	2.1	
161.8	R	Gwathmey Church Rd/Rt 663	0.5	
162.3	BL	Center Street Rd/Rt 663	0.9	RR tracks on right
163.1	S	Continue onto S Center St	0.1	
163.2	R	Ashcake Rd	0.0	
163.2	L	Quick left onto Center St/RR Ave	1.3	RR tracks on left
164.5	L	W Patrick St	0.2	
164.8	R	N James St	0.9	



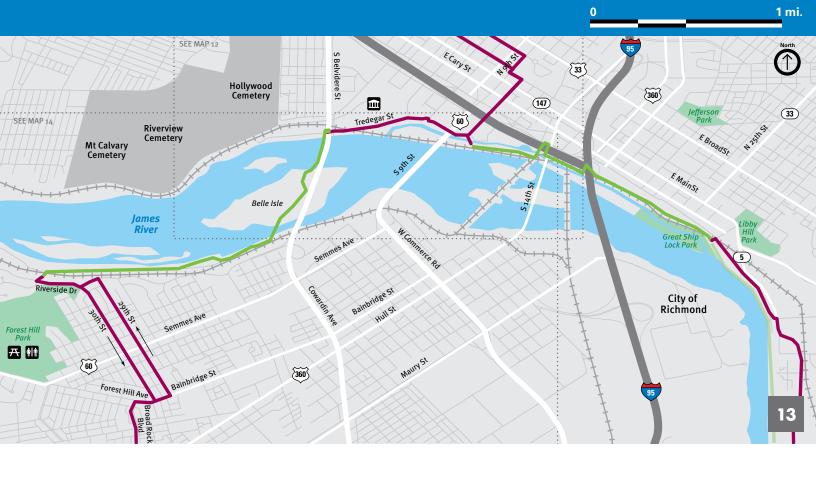
At	Go	Onto	For Not	es
135.6	R	Mountain Rd	0.1	
135.7	L	Purcell Rd	1.6	
137.2	L	Hungary Rd	0.7	
137.9	R	Woodman Rd	1.9	
139.8	S	Continue onto Hermitage Rd	1.2	
141.0	L	Dumbarton Rd	0.2	
141.2	R	Lakeside Ave	0.4	

At	Go	Onto	For	Notes
151.0	R	Hermitage Rd	1.2	
152.2	S	Continue onto Woodman Rd	1.9	
154.0	L	Hungary Rd	0.7	
154.7	R	Purcell Rd	1.6	
156.3	R	Mountain Rd	0.1	
156.3	L	Old Washington Hwy	0.8	



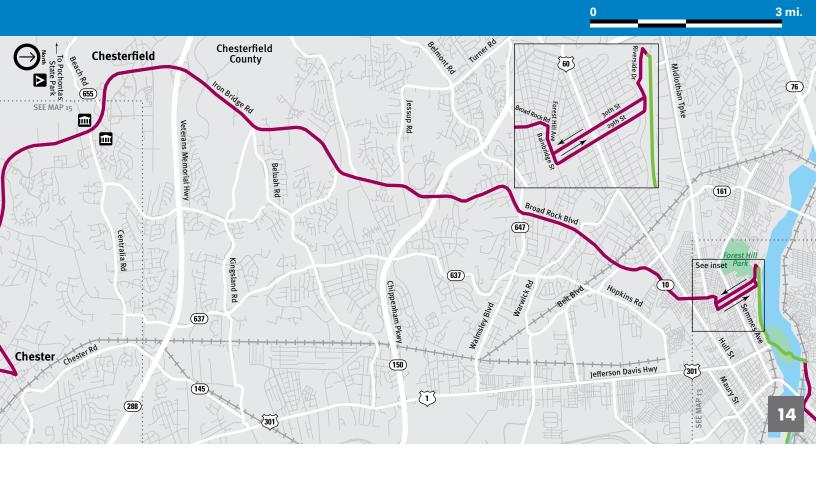
At	Go	Onto	For	Notes
141.6	S	Continue onto Hermitage Rd	0.2	
141.8	S	Continue over I-95	1.3	
143.0	BL/R	Soft left at Brookland Pkwy, then quick R on Hermitage Rd	1.5	
144.5	S	Continue onto N Meadow St	0.2	
144.7	L	Monument Ave	1.9	Monument becomes W Franklin then E Franklin
146.6	R	9th St	0.0	
146.7	L	Bank St	0.1	

At	Go	Onto	For	Notes
145.3	L	Bank St	0.1	
145.3	R	9th St	0.1	
145.4	L	Grace St	1.5	
146.9	L	Lombardy St	0.1	
147.0	R	Monument Ave	0.3	
147.3	R	N Meadow St	0.1	
147.4	S	Continue onto Hermitage Rd	1.3	
148.7	S	Continue under I-95 & I-64	0.2	
148.9	S	Cross Brookland Pkwy median, at curb cut	0.0	
148.9	L/BR	After crossing median, L on Brookland then BR onto Hermitage Rd	1.3	
150.2	S	Continue over I-95	0.2	
150.3	S	Continue on Lakeside Ave	0.4	
150.7	L	Dumbarton Rd	0.2	



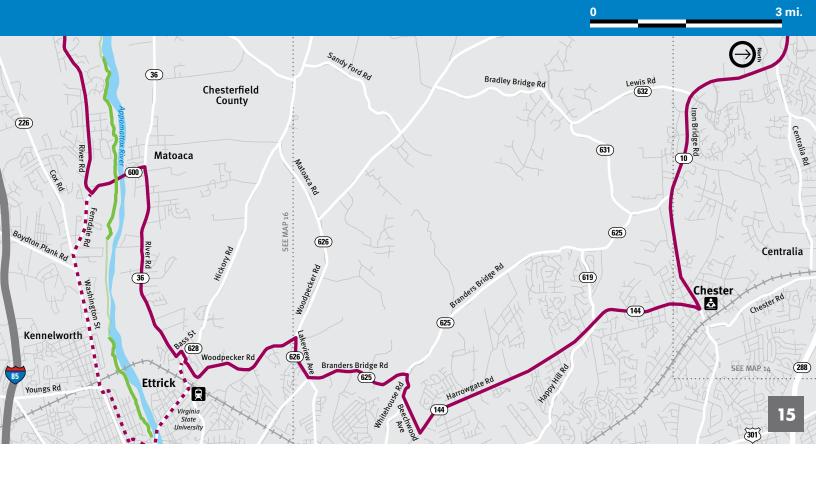
At	Go	Onto	For	Notes
146.8	R	10th St	0.6	
147.4	BR	Go through traffic circle onto Tredegar St	0.5	
147.9	R	To access bike-ped bridge hanging under hwy bridge	0.3	Cross James River to Belle Isle
148.2	S	Leave bike-ped bridge and access bike path	1.4	After crossing small bridge, stay R where trail forks. Rough trail; be prepared to dismount
149.6	BL	To join Hilcrest Rd	0.1	Cross RR tracks

144.0 S To use bike-ped bridge hanging under hwy bridge 144.3 L Join Tredegar St 144.7 BR Around traffic circle to continue on 10th S	0.3	Water on your right
G		Water on your right
144.7 BR Around traffic circle to continue on 10th S		
	t 0.6	
	t 0.6	



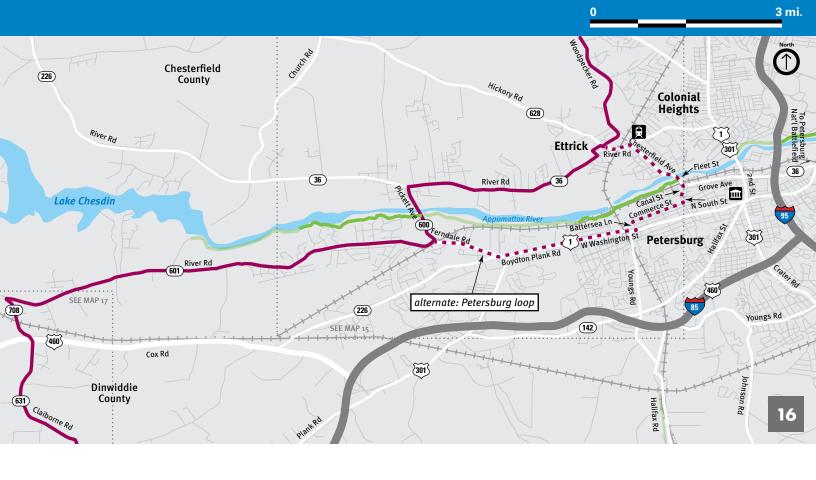
At	Go	Onto	For	Notes
149.6	L	Riverside Dr	0.2	
149.8	S	Continue on 30th St	0.7	
150.5	R	Bainbridge St	0.0	
150.5	S	Continue onto Forest Hill Ave	0.1	
150.6	L	Broad Rock Blvd	3.6	
154.2	S	Continue onto Iron Bridge Rd	1.3	
155.5	S	Continue under Rt 150/Chippenham Pkwy	8.0	

At	Go	Onto	For	Notes
132.0	S	Continue under Rt 288/World War II Veterans Memorial Hwy	4.5	
136.5	5	Continue under Rt 150/Chippenham Pkwy	1.3	
137.8	5	Continue onto Broad Rock Blvd	3.6	
141.3	R	Bainbridge St	0.2	
141.6	L	29th St	0.7	
142.2	L	Riverside Dr	0.1	
142.3	R	To stay on Riverside Dr	0.2	
142.5	R	Hillcrest Rd	0.0	
142.6	L	To stay on Hillcrest Rd	0.2	Cross RR tracks
142.7	S	To join Belle Isle bike path	1.3	Where trail forks, stay L (closer to river, not RR tracks)



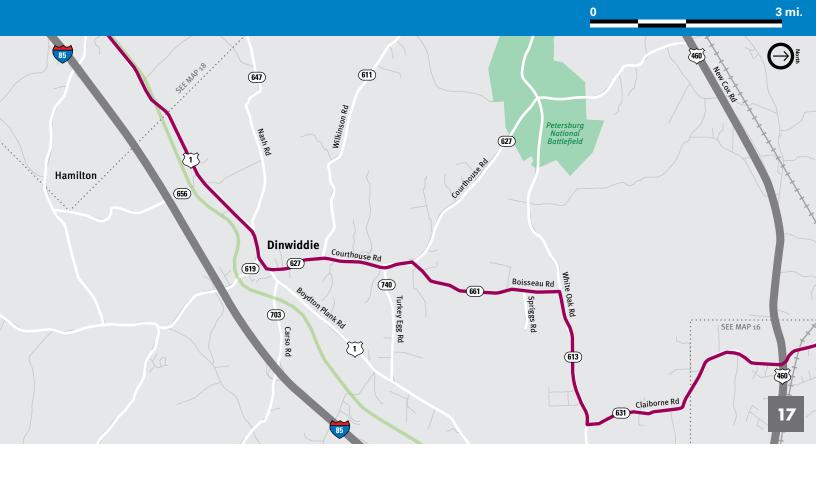
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At	Go	Onto	For	Notes
163.4	R	Edenshire Rd	0.1	
163.5	L	Rivington Dr	0.5	
164.1	R	Toward Chalkley Rd	0.1	
164.1	L	Chalkley Rd	0.1	
164.2	R	Rt 10/Iron Bridge Rd	1.3	
165.5	S	W Hundred Rd	0.6	
166.1	R	Old Hundred Rd	0.1	
166.2	R	Harrowgate Rd	4.8	
171.0	R	Beechwood Ave	0.5	
171.5	BR	Whitehouse Rd	0.3	
171.8	L	Branders Bridge Rd/Rt 625	1.6	
173.5	R	Lakeview Ave/Rt 626	0.6	
174.0	L	Woodpecker Rd	2.0	
176.0	R	Hickory Rd/Rt 628	0.0	
176.1	L	Bass St	0.2	No street sign
176.3	R	River Rd	2.6	

At	Go	Onto	For	Notes
118.1	R	Lakeview Ave/Rt 626	0.6	
118.7	L	Branders Bridge Rd/Rt 625	1.6	
120.3	R	Whitehouse Rd	0.3	
120.6	L	Beechwood Ave	0.5	
121.2	L	Rt 144/Harrowgate Rd	4.8	
126.0	L	Hundred Rd	0.8	
126.7	S	Continue onto Iron Bridge Rd	5.3	



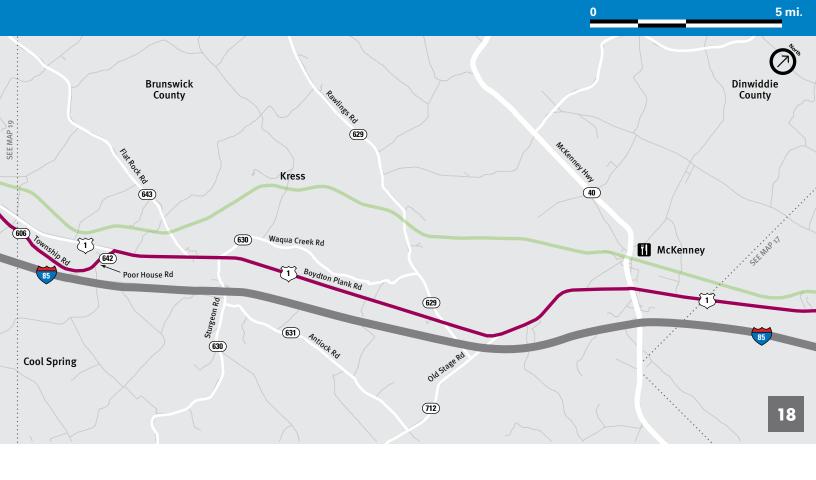
Go	Onto	For	Notes
L	Pickett Ave (becomes Ferndale)	0.4	No overnight accommodations between Petersburg and South Hil
S	Ferndale Rd/Rt 600	0.5	
R	River Rd/Rt 601	5.7	
L	Namozine Rd/Rt 708	0.7	Hairpin left
S	Cross Cox Rd/US-460 and continue onto Claiborne Rd/Rt 631	3.5	-
	L S R L	L Pickett Ave (becomes Ferndale) S Ferndale Rd/Rt 600 R River Rd/Rt 601 L Namozine Rd/Rt 708 S Cross Cox Rd/US-460 and continue onto	L Pickett Ave (becomes Ferndale) 0.4 S Ferndale Rd/Rt 600 0.5 R River Rd/Rt 601 5.7 L Namozine Rd/Rt 708 0.7 S Cross Cox Rd/US-460 and continue onto 3.5

At	Go	Onto	For	Notes
106.0	S	Continue onto Namozine Rd/Rt 708	0.7	
106.7	R	River Rd/Rt 601	5.7	
112.4	L	Ferndale Rd/Rt 600	0.5	
112.9	S	Continue onto Pickett Ave	0.4	
113.3	R	River Rd	2.6	
115.8	L	Bass St	0.2	
116.1	R	Hickory Rd/Rt 628	0.0	
116.1	L	Woodpecker Rd	2.0	



At	Go	Onto	For Notes
189.7	R	Rt 613/White Oak Rd	1.8
191.4	L	Boisseau Rd/Rt 661	2.4
193.8	L	Courthouse Rd/Rt 627	2.3
196.2	R	US-1/Boydton Plank Rd	3.1

At	Go	Onto	For	Notes
90.2	L	Snap Lodge Rd/Rt 649	0.5	
90.7	R	Lew Jones Rd/Rt 650	0.6	
91.3	L	US-1/Boydton Plank Rd	4.7	
96.0	L	Courthouse Rd/Rt 627	2.3	
98.3	R	Boisseau Rd/Rt 661	2.4	
100.7	R	Rt 613/White Oak Rd	1.8	
102.5	L	Claiborne Rd/Rt 631	3.5	



At	Go	Onto	For	Notes
199.3	R	Keelers Mill Rd/Rt 657	0.1	
199.3	L	Side street running parallel to US-1 (on your left)	1.6	
200.9	R	Lew Jones Rd/Rt 650	0.6	
201.5	L	Snap Lodge Rd/Rt 649	0.5	
202.0	R	US-1/Boydton Plank Rd	14.4	Town of McKenney at mile 206.4; main food options between Dinwiddie and South Hill
216.4	L	Rt 642/Poor House Rd	0.6	First L after crossing Sturgeon Creek
216.9	S	Continue onto Rt 606/Township Rd	2.1	

Northbound

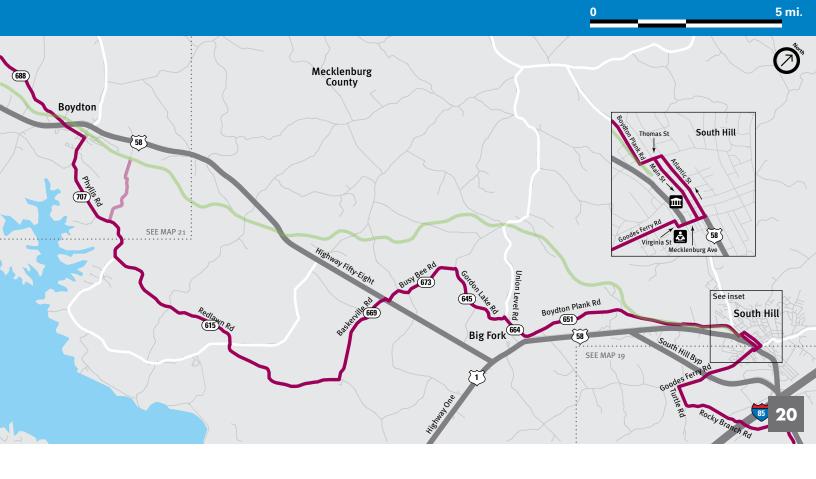
At	Go	Onto
75.3	S	Onto Rt 642/Poor House Rd
75.8	R	US-1/Boydton Plank Rd
		•

For Notes 0.6

14.4 Town of McKenney at mile 85.8; main food options between Dinwiddie and South Hill

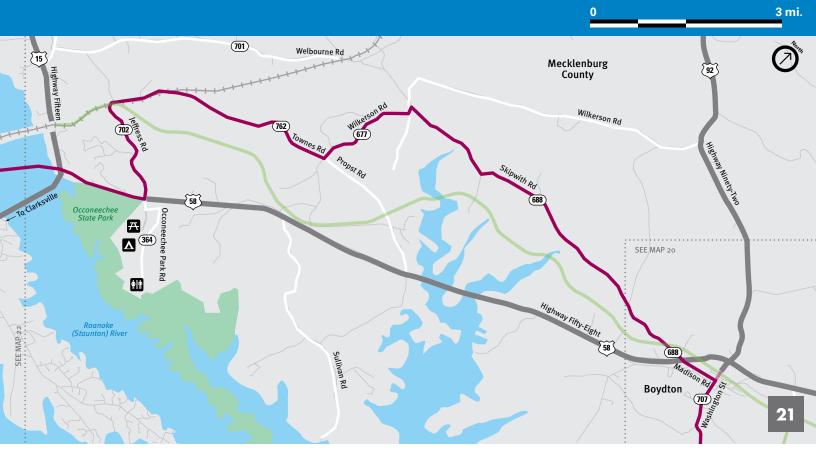
At	Go	Onto	For	Notes
219.1	BR	To stay on Rt 606 (entering Alberta, VA)	0.1	
219.1	L	Use road next to US-1 after crossing US-1/ Boydton Plank Rd	0.2	
219.3	BR	Continue on Rt 606/Virginia Ave	0.4	
219.8	L	Church St/Rt 628	0.2	
219.9	R	2nd Ave/Rt 136	0.7	
220.6	S	School St/Rt 136	1.5	
222.1	L	Rt 46/Christanna Hwy	1.6	
223.7	S	Continue over US-85	0.5	
224.2	R	Boydton Plank Rd/US-1	3.2	
227.4	L	Rt 644/Grandy Rd/Brunswick Dr	0.5	
227.9	R	Rt 710/Old Indian Rd	3.1	
231.0	L	US-1/Boydton Plank Rd	1.5	
232.5	L	Rt 657/Tanner Town Rd	5.0	
237.5	R	US Rt 58/Piney Pond Rd	0.0	Entering Brodnax, VA
237.5	L	High St	0.1	
237.7	R	Railroad St	0.6	
238.3	S	Tobacco Heritage Trail	3.3	
241.6	R	Main St/State Route 618	0.1	
241.7	BL	to continue on High St/Rt 618	8.0	
242.5	L	Rocky Branch Rd/Rt 642	1.0	
243.5	S	Continue over I-85	1.8	

At	Go	Onto	For	Notes
48.4	S	Continue over I-85	1.0	
49.4	R	High St/Rt 618	0.8	No overnight accommodations between South Hill and Petersburg
50.3	L	Tobacco Heritage Trail	3.3	
53.7	S	Railroad St	0.6	Entering Brodnax, VA
54.2	L	High St	0.1	
54.4	R	Piney Pond Rd/US-58	0.0	
54.4	L	Rt 657/Dornia Ave/Tanner Town Rd	5.3	
59.7	R	US-1/Boydton Plank Rd	1.6	
61.2	R	Rt 637/Old Indian Rd	3.1	
64.3	L	Rt 644/Grandy Rd	0.5	
64.7	R	US-1/Boydton Plank Rd	3.2	
68.0	L	Rt 46/Christanna Hwy	0.5	
68.5	S	Continue over I-85	1.6	
70.1	R	Rt 136/Chalk Level Rd/Rt 652	1.2	
71.3	S	Continue on School St (entering Alberta, VA)	0.3	
71.6	BR	2nd Ave	0.7	
72.3	L	Church St/Rt 628	0.2	
72.4	R	Rt 606/Virginia Ave	0.6	
73.0	BR	Cross US-1 and continue on Township Rd/Rt 606	2.2	



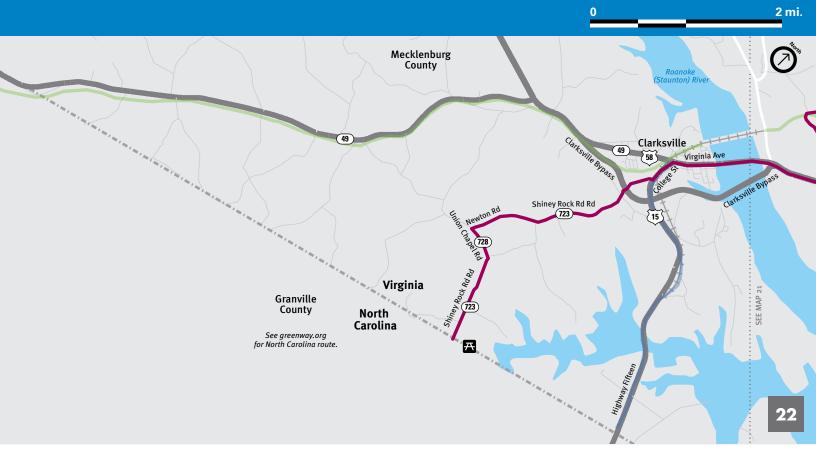
At Go	Onto	For	Notes
245.3 R	Rt 637/Goodes Ferry Rd/Rt 903	0.8	
246 .1 S	Continue over US-58/E Atlantic St (entering South Hill, VA)	1.3	
247.4 R	E Virginia St/West Virginia St	0.0	
247.4 L	Mecklenburg Ave/Rt 637	0.2	
247.6 L	Atlantic St/Rt 47	0.5	Tobacco Farm Life Museum: Lunenberg St at Main St
248.1 L	Thomas St	0.2	
248.3 R	Plank Rd	5.1	
253.4 BR	Rt 664/Union Level Rd	0.7	
254.1 L	Gordon Lake Rd/Rt 645	1.8	
255.9 L	Busy Bee Rd/Rt 663	1.4	
257.3 R	Continue on Busy Bee Rd/Rt 673	0.3	
257.6 S	Continue onto Baskerville Rd/Rt 669	0.3	
257.9 R	US-58	0.1	
258.0 L	Baskerville Rd/Rt 669	2.5	
260.5 R	Redlawn Rd/Rt 615	6.3	
266.9 R	Phillis Rd/Rt 707	3.0	
270.0 S	Entering Boydton, VA	0.4	

At	Go	Onto	For	Notes
21.9	R	Rt 707/Washington St	0.8	
22.7	BL	Phillis Rd/Rt 707	2.6	
25.4	L	Redlawn Rd/Rt 615	6.3	
31.7	L	Baskerville Rd/Rt 669	2.5	
34.2	R	US-58	0.1	
34.3	L	Baskerville Rd	0.3	
34.5	S	Continue onto Busy Bee Rd/Rt 673	0.3	
34.8	L	To continue on Busy Bee Rd/Rt 663	1.4	
36.2	R	Gordon Lake Rd/Rt 645	1.8	
38.0	R	Rt 664/Union Level Rd	0.7	
38.7	BL	Plank Rd/Rt 651	3.5	
42.2	S	Entering South Hill, VA	1.6	
43.8	L	Thomas St	0.1	Entering Town of South Hill. All services
43.9	R	Main St	0.5	Tobacco Farm Life Museum: Main St at Lunenburg St
44.4	R	Mecklenburg Ave/Rt 637	0.1	-
44.5	R	Virginia St	0.0	
44.6	L	Hill Ave/Rt 903/Rt 637	1.3	
45.9	S	Continue over US-58/Atlantic St	0.8	
46.6	L	Rocky Branch Rd/Rt 642	1.8	
		-		



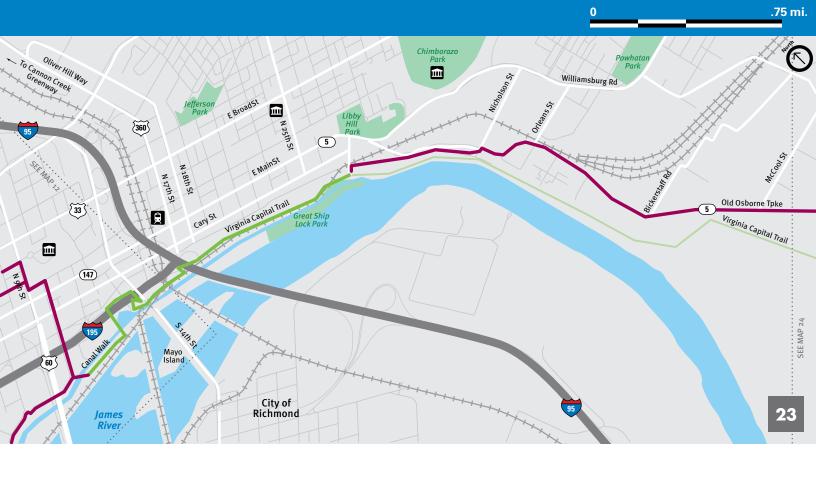
At	Go	Onto	For	Notes			
270.4	L	Madison St/US-58 Bus	0.5				
270.9	S	Cross US-58 and continue onto Skipwith Rd/Rt 688	4.9				
275.7	L	Rt 677/Wilkerson Rd	1.6	Sharp left			
277.4	R	Rt 762/Townes Rd	3.1				
280.5	S	Continue onto Jeffress Rd/Rt 702	1.6				
282.1	R	US-58	0.9				
283.0	S	Continue onto US-58 BUS/Rt 364	1.9				

At	Go	Onto	For	Notes
10.2	L	Jeffress Rd/Rt 702	1.6	
11.8	S	Continue onto Rt 762/Townes Rd	3.1	
14.9	L	Rt 677/Wilkerson Rd	1.6	
16.6	R	Skipwith Rd/Rt 688	4.7	
21.3	S	Entering Boydton, VA	0.2	
21.5	S	Continue crossing US-58 and onto Madison St/U.S. 58 Bus	0.5	



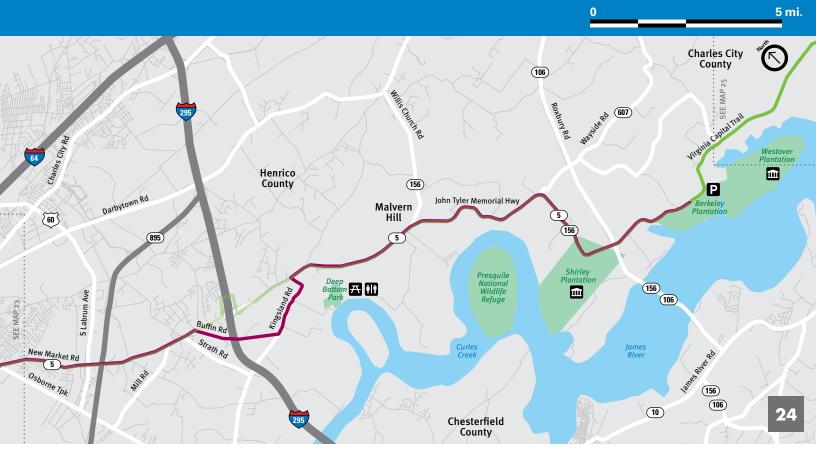
At	Go	Onto	For	Notes
284.9	L	US Rt 15/College St	0.6	
285.5	R	Shiney Rock Rd	0.6	
286.1	S	Cross US-58 and continue on Shiney Rock Rd/Rt 723	1.9	
288.0	BR	Newton Rd	1.3	
289.3	L	Rt 728/Union Chapel Rd	0.6	
289.9	R	Shiney Rock Rd/Rt 723	1.8	
291.7	END	Shiney Rock Rd/Rt 723 & NC State Line		Grassy Creek Recreation Area

At	Go	Onto	For	Notes
0.0	START	Shiney Rock Rd/Rt 723 & NC State Line (heading into Virginia)	1.9	
1.9	L	Rt 728/Union Chapel Rd	0.6	
2.5	R	Newton Rd	1.3	
3.8	BL	Shiney Rock Rd/Rt 723	2.5	
6.3	L	US Rt 15/College St	0.6	
6.8	R	Virginia Ave/US-58	3.4	Shopping center on your left, heading toward the water



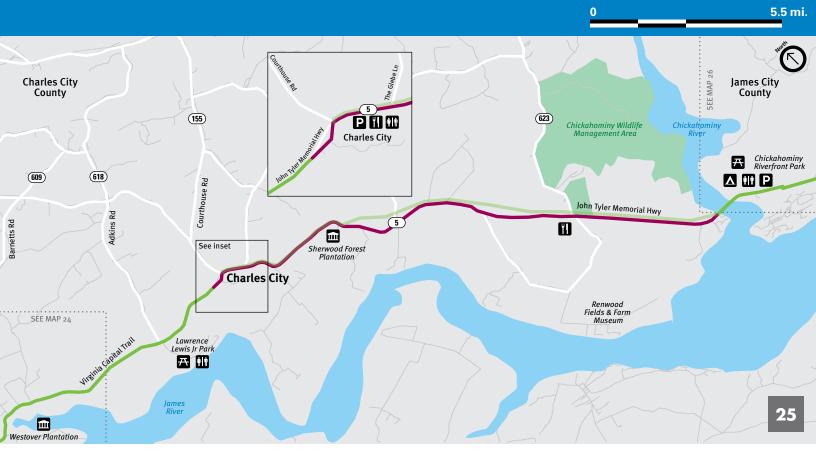
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At	Go	Onto	For	Notes
0.0	START	S 10th St at Haxall Point, headed SE	0.1	Cross over canal, onto Browns Island
0.1	BL	Canal Walk	0.1	Canal on your left, walk by murals
0.2	BR	Through passage into parking lot	0.1	
0.3	L	Virginia St	0.1	
0.4	R	Walkway	0.0	After passing under hwy overpass
0.4	R	Walkway, before crossing 14th St	0.0	Follow ramps down to canal level
0.5	L	Canal Walk	0.2	Keep canal on your right
0.7	R	Through floodwall doors and onto VA Capital Trail	0.7	
1.4	L/R	Left on Pear St, immediate R on Dock St	0.2	
1.6	S	Onto Wharf St	0.3	
1.9	R	Main St/Rt 5	0.2	
2.1	S	On Old Osborne Turnpike/Rt 5	2.0	

At	Go	Onto	For	Notes
132.2	BL	Old Osborne Turnpike/Rt 5	1.7	
133.9	L	Wharf St	0.3	
134.2	S	Dock St	0.2	
134.4	L	Pear St	0.0	To Ship Lock Park
134.4	R	Virginia Capital Trail	0.7	Then pass through floodgate door
135.1	L/S	Canal Walk	0.2	Canal on your left
135.3	R	At turning basin, take ramp up to street level then R (with canal on your left)	0.08	
135.4	L/R	L on Virginia St, cross over canal, then R through pkg lot	0.2	
135.6	BL	Canal Walk before passing back over canal	0.1	Canal now on your right as you pass by the murals
135.7	BL	Up ramp (Haxall Point) to cross over canal again	0.07	
135.8	END	Intersection of Haxall Point and 10th St		Browns Island and canal behind you



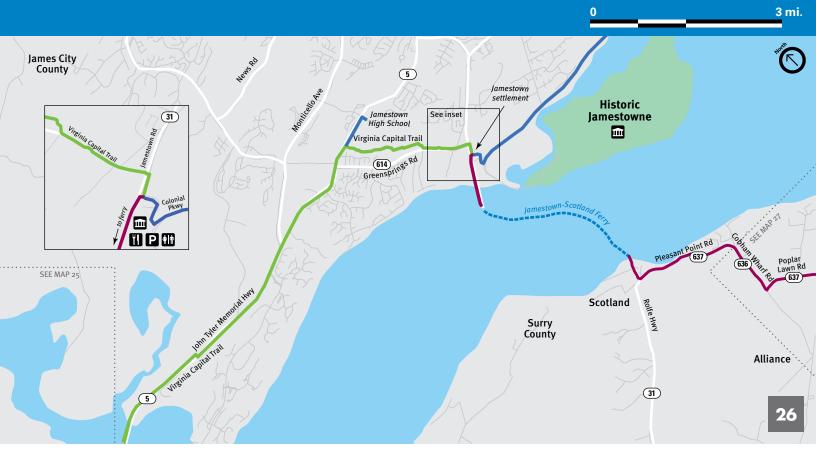
At	Go	Onto	For	Notes
4.1	BL	New Market Rd/Rt 5	2.5	
6.6	S	Over Rt 895/Pocahontas Parkway	2.3	
8.9	R	Buffin Rd/Wood Mill Dr	1.0	
9.8	S	Over I-295	1.1	
10.9	L	Kingsland Rd	1.5	
12.5	R	Rt 5/New Market Rd	4.9	
17.4	S	On John Tyler Memorial Hwy/Rt 5	5.8	

At	Go	Onto	For	Notes
111.7	L	Rt 640	0.1	
111.8	R	Rt 640	0.1	
111.9	BL	Virginia Capital Trail	0.4	
112.3	R	Leave trail and cross to right side of John Tyler Hwy	0.0	
112.3	L	John Tyler Hwy/Rt 5	6.2	
118.5	S	New Market Rd/Rt 5	4.8	
123.3	L	Kingsland Rd	1.5	
124.9	R	Buffin Rd	1.1	
125.9	S	Cross over I-295	1.0	
126.9	L	Rt 5/New Market Rd	4.8	
131.7	BR	Osborne Turnpike/Rt 5	0.5	



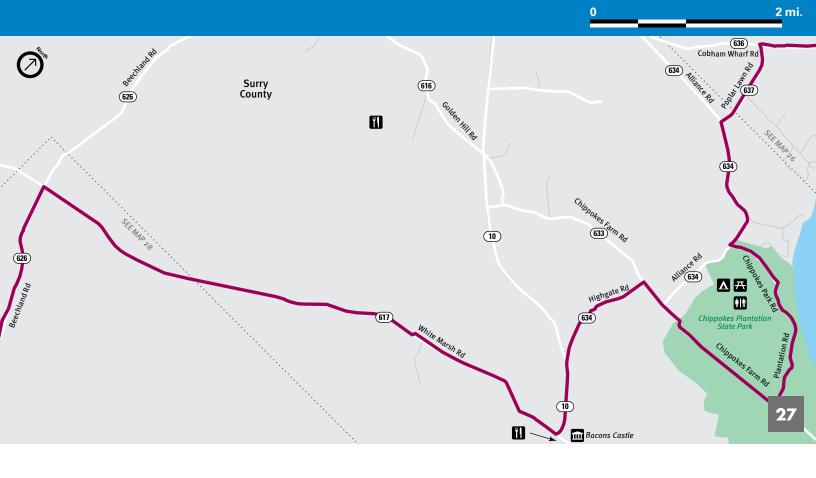
At	Go	Onto	For	Notes
23.2	R	Join Virginia Capital Trail on right side of John Tyler Memorial Hwy	0.7	
23.9	BR	Onto Herring Creek Rd/Rt 640	0.1	Short on-road connector to next section of trail
24.0	L	Rt 640	0.1	
24.1	BR	Stay on right side of road to join the VA Capital Trail	6.5	
30.5	S	Onto The Crossover Rd	0.1	
30.6	S	Onto Courthouse Rd/Rt 644	0.3	
31.0	R	Rt 5/John Tyler Memorial Hwy	13.3	Mi 31.5: Haupt's Country Store, since 1893
44.3	L/R	Cross Rt 5 to access trail on L side of road	1.1	Cross Chickahominy River on trail

At	Go	Onto	For Notes	
90.3	R	Cross Rt 5/John Tyler Hwy to continue on trail over Chickahominy River	1.1	
91.4	R	Rt 5/John Tyler Hwy	13.4 Mi 103.9: Haupt's Cour Store, since 1893	ıtry
104.8	L	Courthouse Rd/Rt 644	0.3	
105.1	S	The Crossover Rd	0.1	
105.2	S	Virginia Capital Trail	6.5	



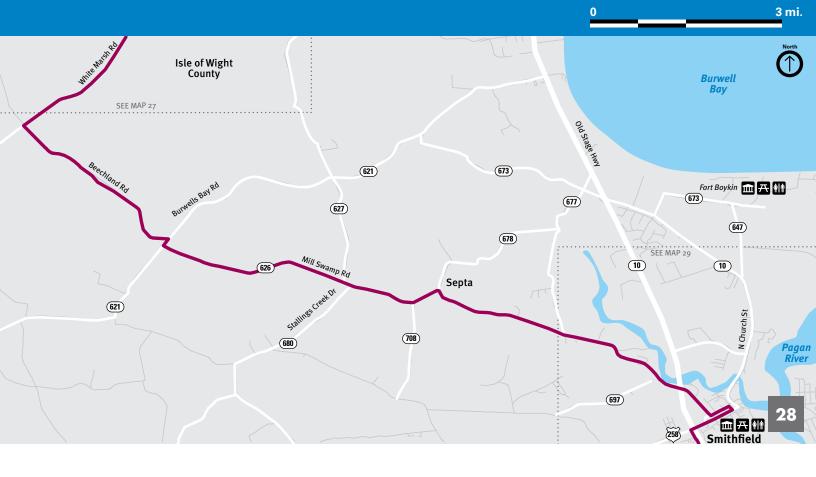
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At	Go	Onto	For	Notes	At	Go	Onto
45.4	R/L	To remain on Virginia Capital Trail	6.0	Trail now on R side of road	81.0	R	Cobham Wharf Rd/Rt 636
51.4	R	Colonial National Historic Pkwy	0.0	Virginia Capital Trail	81.8	S	Pleasant Point Rd/Rt 637
				trailhead (at the Colonial	83.2	R	Rt 31/Rolfe Hwy
				National Historic Pkwy) — across street is Visitors' Center and parking	83.6	S	Scotland-Jamestown Ferry
51.4	L	Rt 31/Jamestown Rd	0.7				
52.1	Stop	Scotland Jamestown Ferry on Rt 31		At end of Rolfe Hwy/VA-31 in Jamestown, take the Jamestown-Scotland ferry to cross the James River. This free ferry normally			
				operates 24 hours a day, including holidays.	83.6	S	Scotland Ferry drop off point — Take VA-31/Jamestown Rd with water beh
				For updates, call	84.3	R	Colonial National Historic Pkwy
52.1	S	lumastavim Farmi dran aff naint	n 2	1-800-VA-Ferry.	84.3	L	Virginia Capital Trail trailhead
JZ.1	3	Jamestown Ferry drop off point — Take Rolfe Hwy/Rt 31 with water behind you	0.3 J		84.5	S	Trail on right side of Rt 614/ Greensprings Rd
52.4	L	Pleasant Point Rd/Rt 637	1.5		86.5	L	Trail continues left on left side of
53.9	S	Onto Cobham Wharf Rd/Rt 636	8.0		C.00	L	John Tyler Hwy/Rt 5

At	Go	Onto	For	Notes
81.0	R	Cobham Wharf Rd/Rt 636	8.0	
81.8	S	Pleasant Point Rd/Rt 637	1.5	
83.2	R	Rt 31/Rolfe Hwy	0.4	
83.6	S	Scotland-Jamestown Ferry		At end of Rolfe Hwy/VA-31 in Scotland, take the Jamestown-Scotland ferry to cross the James River. This free ferry normally operates 24 hours a day, including holidays. For updates, call 1-800-VA-Ferry.
83.6	S	Scotland Ferry drop off point — Take VA-31/Jamestown Rd with water behind you	0.7	
84.3	R	Colonial National Historic Pkwy	0.0	
84.3	L	Virginia Capital Trail trailhead	0.2	
84.5	S	Trail on right side of Rt 614/ Greensprings Rd	1.9	
86.5	L	Trail continues left on left side of John Tyler Hwy/Rt 5	3.9	



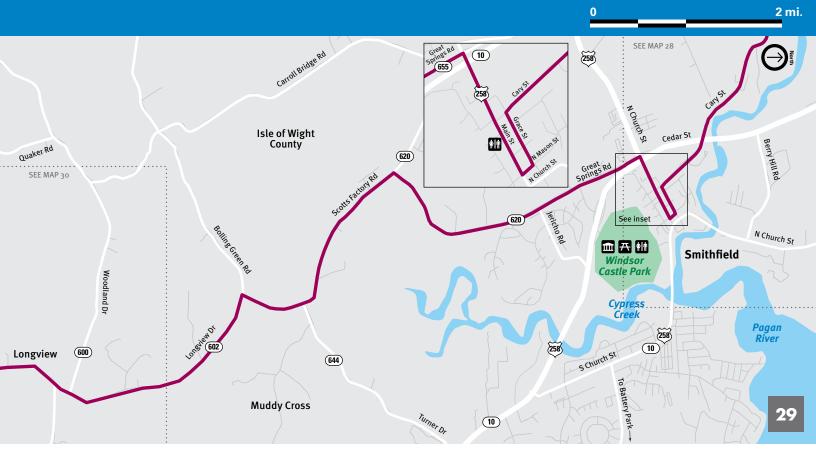
At	Go	Onto	For	Notes
54.7	L	Poplar Lawn Rd/Rt 637	0.9	
55.6	L	Alliance Rd/Rt 634	1.2	
56.8	L	Chippokes Park Rd/Rt 665	0.6	
57.3	R	Plantation Road (sign: "to historic area")	1.2	
58.5	R	Chippokes Farm Rd/Rt 633	1.6	No signs here
60.2	L	Highgate Rd/Rt 634	1.2	
61.4	BL	Rt 10/Colonial Trail	0.7	
62.1	R	Rt 617/White Marsh Rd	5.6	

At	Go	Onto	For	Notes
68.1	R	Rt 617/White Marsh Rd	5.6	
73.6	L	VA-10/Colonial Trail	0.7	
74.3	BR	Highgate Rd/Rt 634	1.0	
75.5	R	Chippokes Farm Rd/Rt 633	1.6	
77.2	L	Plantation Rd/Rt 783	1.2	
78.4	L	Chippokes Park Rd/Rt 665	0.6	
78.9	R	Alliance Rd/Rt 634	1.2	
80.1	R	Poplar Lawn Rd/Rt 637	0.9	



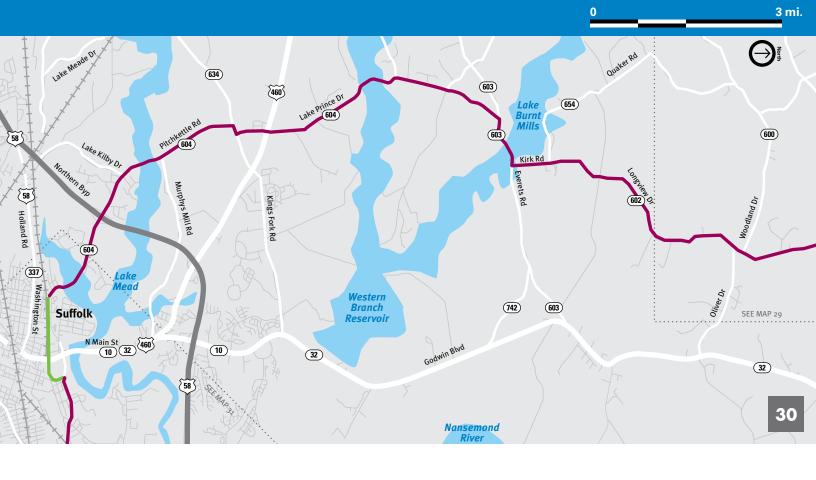
At	Go	Onto	For	Notes	
67.6	L	Beechland Rd/Rt 626	2.7		
70.3	R	Burwells Bay Rd/Rt 621	0.1		
70.5	L	Mill Swamp Rd/Rt 626	3.7		
74.2	BR	To stay on Mill Swamp Rd/Rt 626	3.8		
78.0	S	On Cary St	0.3	Into Smithfield, VA	

At	Go	Onto	For	Notes
58.2	S	Onto Mill Swamp Rd/Rt 626	3.3	
61.5	BL	Mill Swamp Rd/Rt 626	3.8	
65.2	R	Burwells Bay Rd/Rt 621	0.1	
65.4	L	Jones Dr/Rt 626	1.3	
66.6	S	Continue on Beechland Rd/Rt 626	1.4	



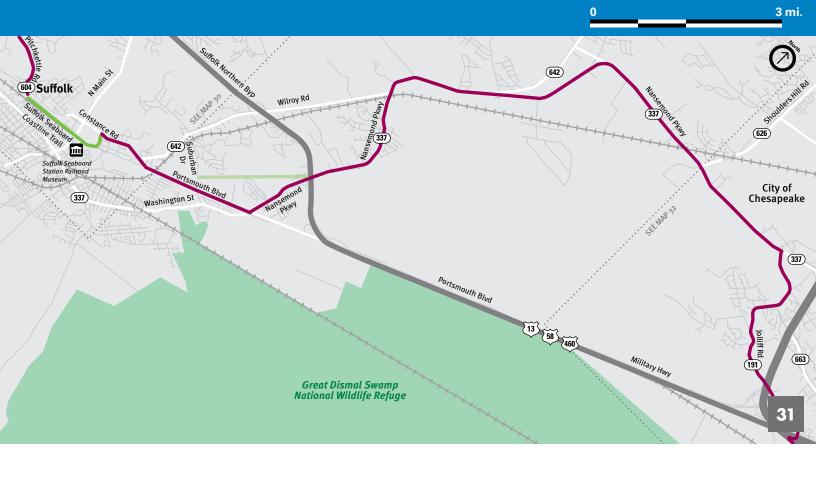
At	Go	Onto	For	Notes
78.3	L	Grace St	0.3	
78.6	R	Mason St	0.1	
78.7	R	Main St/Rt 258	0.6	
79.3	L	Great Spring Rd/Rt 655	2.9	
82.2	L	Scotts Factory Rd/Rt 620	1.5	
83.7	S	Continue onto Bowling Green Rd/Rt 644	0.7	
84.4	L	Longview Dr/Rt 602	5.9	

At	Go	Onto	For	Notes
51.3	R	Bowling Green Rd/Rt 644	0.7	
52.0	S	Onto Scotts Factory Rd/Rt 620	1.5	
53.5	R	Great Spring Rd/Rt 655	2.9	
56.4	R	Main St/US-258 (entering Smithfield)	0.6	
57.0	L	Mason St	0.1	
57.1	L	Grace St	0.3	
57.4	R	Cary St	0.8	



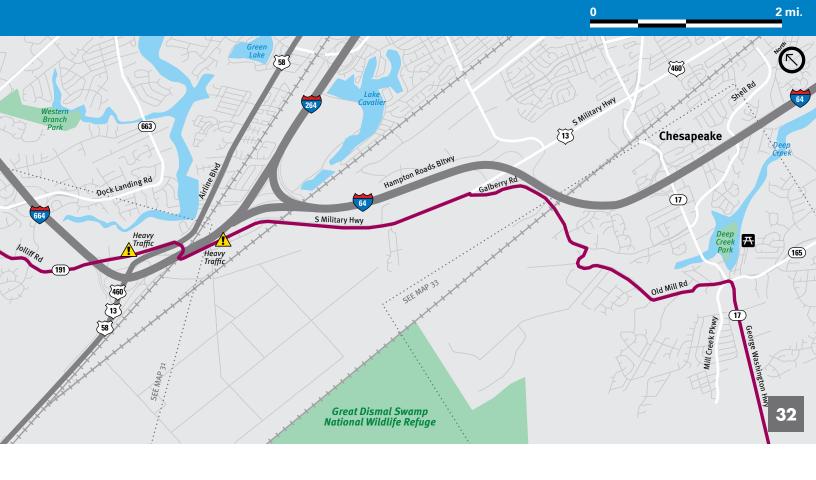
At	Go	Onto	For	Notes
90.2	S	Continue onto Rt 602/Kirk Rd	0.5	
90.7	R	Rt 603/Everets Rd	0.7	
91.4	L	Rt 604/Lake Prince Dr	4.5	Cross US Rt 460 (Pruden Blvd)
95.9	R	Rt 634/Kings Fork Rd	0.1	
96.0	L	Rt 604/Pitchkettle Rd	3.9	

At	Go	Onto	For	Notes
35.9	S	Rt 604/Pitchkettle Rd	3.9	
39.7	R	Rt 634/Kings Fork Rd	0.1	
39.8	L	Rt 604/Providence Rd	0.5	
40.4	S	Cross Pruden Blvd and continue on Rt 604/Lake Prince Dr	3.9	
44.3	R	Rt 603/Everets Rd	0.7	
45.0	L	Rt 602/Kirk Rd	0.5	
45.5	S	Onto Longview Dr/Rt 602	5.9	



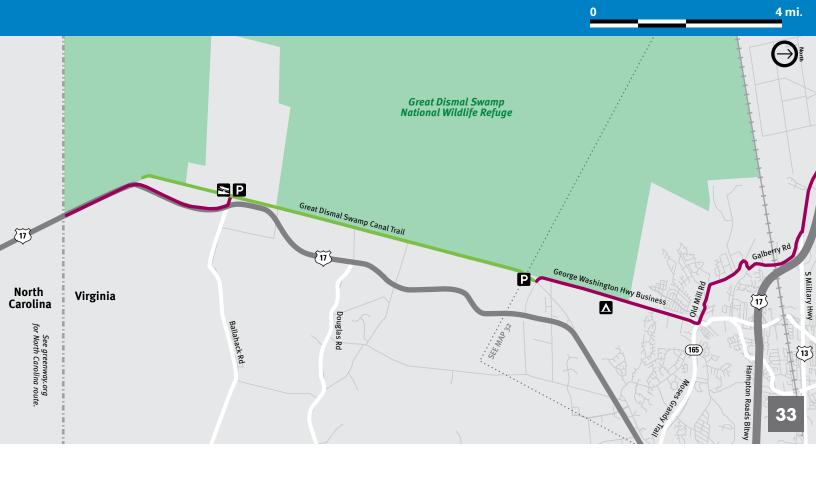
At	Go	Onto	For	Notes
99.9	S	Cross US Rt 58 onto Suffolk Seaboard Coastline Trail	1.2	Sidepath at R of Prentis St becomes rail-trail
101.1	R	W Constance Rd/US-58 Bus	2.1	Becomes Portsmouth Blvd
103.2	L	Nansemond Pkwy/Rt 337	9.6	
112.8	R	Jolliff Rd/Rt 191	3.1	

At	Go	Onto	For	Notes
22.9	L	Rt 337/Nansemond Pkwy	9.6	
32.5	R	Portsmouth Blvd/US-58 Bus	2.1	Becomes W Constance Rd
34.6	L	Suffolk Seaboard Coastline Trail	1.2	



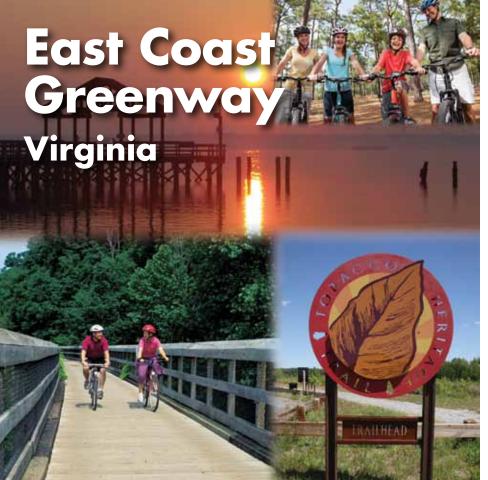
At	Go	Onto	For	Notes
116.0	S	Onto US-13 (cross Airline Blvd)	0.2	Go under I-664
116.1	L	US-13/US-460	2.7	
118.8	R	Galberry Rd	1.4	
120.2	R	Old Mill Rd	1.7	Cross Deep Creek/ Dismal Swamp Canal
121.9	R	US-17 Bus/George Washington Hwy	3.5	

At	Go	Onto	For	Notes
13.8	L	To stay on US-17 Bus/ George Washington Hwy	0.1	
13.9	S	Onto Old Mill Rd	1.7	
15.5	L	Galberry Rd	1.4	
16.9	L	US-13/US-460	2.7	
19.6	R	US-13 (under I-664)	0.2	Cross Airline Blvd
19.8	S	Onto Jolliff Rd	3.1	



At	Go	Onto	For	Notes
125.4	R	Dismal Swamp Canal Trail	6.5	
131.9	L	Ballahack Rd	0.2	To return to US-17
132.1	R	US-17/George Washington Hwy	3.6	Caution: rumble strips
135.6	END	NC State Line		

At	Go	Onto	For	Notes
0.0	START		3.6	
		George Washington Hwy with NC behind you	J	
3.6	L	Ballahack Rd	0.2	
3.7	R	Dismal Swamp Canal Trail	6.5	
10.3	L	George Washington Hwy/US-17	3.5	



For more information, please contact:



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